



The Sullivan Birth & Baby Fest

Hosted by Catskill Regional Medical Center, in partnership with the Sullivan County Breastfeeding Coalition and Maternal Infant Services Network

Catskill Regional Medical Center

Cafeteria & Woodland
Wildlings Garden

68 Harris Bushville Road
Harris

Sunday, May 21
11:30 a.m. – 1:30 p.m.

This event is free for all pregnant
women and new parents.

Featuring:

- Info Sessions: Prenatal Yoga, Breastfeeding, Safe Sleep, Car Seat Safety
- Tours of the Catskill Regional Medical Center Birthing Center
- Health education and information from Mother/Baby Support Services
- Amazing raffle prizes and diaper giveaways
- Free gifts for all pregnant women
- Dads encouraged to attend
- Learn about our Catskill Regional Medical Group Primary Care physicians for newborn to adult care
- Blood pressure screenings provided by Catskill Regional Medical Center nurses

Refreshments will be provided

To register, please visit:
<https://tinyurl.com/hupp679>

If you need transportation to this event, please call MISN at 845-702-1894.