

# Liberty HS & MS

## School Weekly

### Meals

# November

MONDAY 11/4

**CHICKEN POT PIE W/WG BISCUIT**

SIDES-GARLICKY BROCCOLI

DAILY SPECIALS-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

TUESDAY 11/5

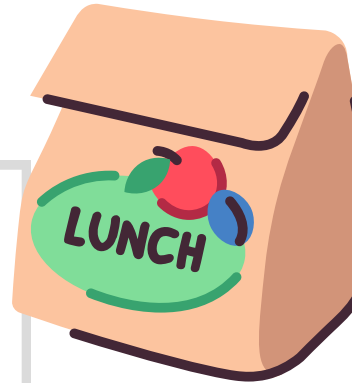
**CHEESEBURGER ON WG BUN  
SHREDDED**

**LETTUCE/TOMATO/PICKLES**

SIDES CARROT RAISIN SALAD

DAILY SPECIALS-

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT



WEDNESDAY 11/6

**CHEESE OMELETTE W/WG BISCUIT**

SIDES- HASH BROWNS WITH  
PEPPERS AND ONIONS

DAILY ALTERNATIVES-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

THURSDAY 11/7

**SOFT SHELL TACO  
W/LETTUCE & CHEESE**

SIDES- MEXICALI CORN &  
SPANISH BROWN RICE

DAILY ALTERNATIVES-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

FRIDAY 11/8

**PIZZA FRIDAY!  
ASSORTED WG PIZZA**

SIDES- ROASTED CHICK  
PEAS, GARLIC GREEN PEAS

DAILY ALTERNATIVES-

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT



#### DAILY OFFERINGS:

ASSORTED MILK VARIETY ASSORTED FRESH AND CANNED FRUIT SALAD BAR  
ASSORTED WG SANDWICHES ASSORTED WG WRAPSWG PB&J W/ CHEESE STICK SPECIALTY SALADS

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U.S. DEPARTMENT OF AGRICULTURE OFFICE OF THE ASSISTANT SECRETARY FOR CIVIL RIGHTS 1400 INDEPENDENCE AVENUE, SW WASHINGTON, D.C. 20250-9410; OR FAX: (833) 256-1665 OR (202) 690-7442; OR EMAIL: [PROGRAM.INTAKE@USDA.GOV](mailto:PROGRAM.INTAKE@USDA.GOV)(LINK IS EXTERNAL) (LINK IS EXTERNAL) THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



# Liberty HS & MS School Weekly Meals



MONDAY 11/11

**CLOSED  
VETERAN'S  
DAY**

TUESDAY 11/12

**HOT ENTREE-WG CHICKEN  
ALFREDO PASTA**

SIDES- ROASTED BROCCOLI &  
CARROTS

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

WEDNESDAY 11/13

**HOT ENTREE-SWEET & SOUR CHICKEN  
W/ SEASONED BROWN RICE**

SIDES-GINGER CARROTS

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

THURSDAY 11/14

**HOT ENTREE-WILD MIKES PIZZA  
BITES, MARINARA DIPPING SAUCE**

SIDES-CUCUMBER  
& TOMATO SALAD

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

FRIDAY 11/15

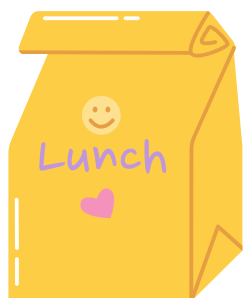
**HOT ENTREE-ASSORTED WG PIZZA.**

STUDENTS HAVE THE OPTION TO CHOOSE FROM PLAIN OR A TOPPING VARIETY SLICE.

SIDES-CAESAR SALAD,  
THREE BEAN SALAD

*DAILY SPECIALS-*

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT
- 



**DAILY OFFERINGS:**

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS



# Liberty HS & MS

## School Weekly Meals

### DAILY OFFERINGS:

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS

MONDAY 11/18

**HOT ENTREE-CHICKEN PATTY  
ON WG BUN**

SIDES CUCUMBER, \_  
TOMATO & FETA SALAD

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

TUESDAY 11/19

**HOT ENTREE-BAKED ZITZ WITH OR  
WITH OUT BEEF**

SIDES-GARLIC GREEN BEANS

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

WEDNESDAY 11/20

**HOT ENTREE-BAKED HAM  
W/CHEESY BACON GRITS**

SIDES- ROASTED BROCCOLI

*DAILY SPECIALS-*

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

THURSDAY 11/21

**HOT ENTREE-ROASTED TURKEY  
W/GRAVY & STUFFING**

SIDES-PEAS & CARROTS, MASHED  
POTATOES & CRABERRY JELLY

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

FRIDAY 11/22

**HOT ENTREES-ASSORTED WG PIZZAS.**  
STUDENT CHOICE OF EITHER PLAIN OR  
A TOPPING VARIETY SLICE.

SIDES-ROASTED CHICK PEAS,  
CORN

*DAILY SPECIALS-*

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT



**DAILY OFFERINGS:**

- ASSORTED MILK VARIETY
- ASSORTED FRESH AND CANNED FRUIT
- SALAD BAR
- ASSORTED WG SANDWICHES
- ASSORTED WG WRAPS
- WG PB&J W/ CHEESE STICK
- SPECIALTY SALADS



# Liberty HS & MS

## School Weekly Meals

MONDAY 11/25

TUESDAY 11/26

WEDNESDAY 11/26

**HOT ENTREE BBQ BEEF ON GARLIC TOAST BAKED POTATO, SOUR CREAM**

SIDES-RED CABBAGE SLAW  
W/APPLE VINIGRETTE

*DAILY SPECIALS-*

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

**HOT ENTREE- ASSORTED WG PIZZAS**

STUDENTS CHOICE FROM EITHER PLAIN OR VARIETY TOPPING SLICE.

SIDES-BUFFALO ROASTED CAULIFLOWER,  
GARLIC GREEN BEANS

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT
- 

**CLOSED FOR  
THANKSGIVING  
BREAK**

THURSDAY 11/27

FRIDAY 11/28

**CLOSED FOR  
THANKSGIVING  
BREAK**

**CLOSED FOR  
THANKSGIVING  
BREAK**

