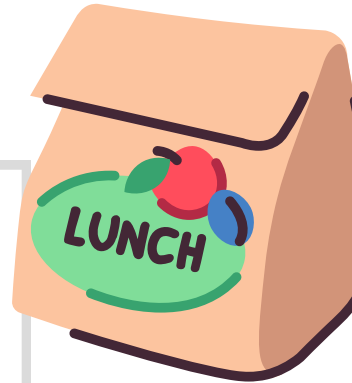


# December

## Liberty HS School Weekly Meals



MONDAY 12/2

### NY HOT DOG ON WG BUN

SIDES-BAKED BEANS & COLESLAW

DAILY SPECIALS-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

TUESDAY 12/3

### GLAZED LATIN CHICKEN W. TORTILLA

SIDES BLACK BEANS & RICE  
SPICED FRUIT RELISH

DAILY SPECIALS-

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

WEDNESDAY 12/4

### CHICKEN CHUNKS W. DIP SAUCE

SIDES-OVEN ROASTED  
ZUCCHINI & YELLOW SQUASH  
PESTO PASTA SALAD

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

THURSDAY 12/5

### BEEF BAHN MI W. SLAW

SIDES-SWEET POTATO WEDGES  
CUCUMBER SLICES

DAILY ALTERNATIVES-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

FRIDAY 12/6

### PIZZA FRIDAY! ASSORTED WG PIZZA

SIDES- ROASTED CHICK  
PEAS & CORN

DAILY ALTERNATIVES-

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

#### DAILY OFFERINGS:

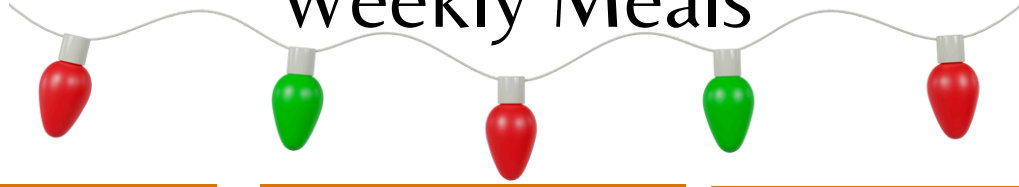
ASSORTED MILK VARIETY ASSORTED FRESH AND CANNED FRUIT SALAD BAR  
ASSORTED WG SANDWICHES ASSORTED WG WRAPSWG PB&J W/ CHEESE STICK SPECIALTY SALADS

IN ACCORDANCE WITH FEDERAL CIVIL RIGHTS LAW AND U.S. DEPARTMENT OF AGRICULTURE (USDA) CIVIL RIGHTS REGULATIONS AND POLICIES, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX (INCLUDING GENDER IDENTITY AND SEXUAL ORIENTATION), DISABILITY, AGE, OR REPRISAL OR RETALIATION FOR PRIOR CIVIL RIGHTS ACTIVITY. PROGRAM INFORMATION MAY BE MADE AVAILABLE IN LANGUAGES OTHER THAN ENGLISH. PERSONS WITH DISABILITIES WHO REQUIRE ALTERNATIVE MEANS OF COMMUNICATION TO OBTAIN PROGRAM INFORMATION (E.G., BRAILLE, LARGE PRINT, AUDIOTAPE, AMERICAN SIGN LANGUAGE), SHOULD CONTACT THE RESPONSIBLE STATE OR LOCAL AGENCY THAT ADMINISTERS THE PROGRAM OR USDA'S TARGET CENTER AT (202) 720-2600 (VOICE AND TTY) OR CONTACT USDA THROUGH THE FEDERAL RELAY SERVICE AT (800) 877-8339. TO FILE A PROGRAM DISCRIMINATION COMPLAINT, A COMPLAINANT SHOULD COMPLETE A FORM AD-3027, USDA PROGRAM DISCRIMINATION COMPLAINT FORM WHICH CAN BE OBTAINED ONLINE AT: [HTTPS://WWW.USDA.GOV/SITES/DEFAULT/FILES/DOCUMENTS/USDA-OASCR-P-COMPLAINT-FORM-0508-0002-508-11-28-17FAX2MAIL.PDF](https://www.usda.gov/sites/default/files/documents/usda-oascr-p-complaint-form-0508-0002-508-11-28-17fax2mail.pdf)(LINK IS EXTERNAL)(LINK IS EXTERNAL), FROM ANY USDA OFFICE, BY CALLING (866) 632-9992, OR BY WRITING A LETTER ADDRESSED TO USDA. THE LETTER MUST CONTAIN THE COMPLAINANT'S NAME, ADDRESS, TELEPHONE NUMBER, AND A WRITTEN DESCRIPTION OF THE ALLEGED DISCRIMINATORY ACTION IN SUFFICIENT DETAIL TO INFORM THE ASSISTANT SECRETARY FOR CIVIL RIGHTS (ASCR) ABOUT THE NATURE AND DATE OF AN ALLEGED CIVIL RIGHTS VIOLATION. THE COMPLETED AD-3027 FORM OR LETTER MUST BE SUBMITTED TO USDA BY: MAIL

U.S. DEPARTMENT OF AGRICULTURE OFFICE OF THE ASSISTANT SECRETARY FOR CIVIL RIGHTS 1400 INDEPENDENCE AVENUE, SW  
WASHINGTON, D.C. 20250-9410; OR FAX: (833) 256-1665 OR (202) 690-7442; OR EMAIL: [PROGRAM.INTAKE@USDA.GOV](mailto:PROGRAM.INTAKE@USDA.GOV)(LINK IS EXTERNAL)  
(LINK IS EXTERNAL) THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

# Liberty HS School

## Weekly Meals



MONDAY 12/9

### CHICKEN FAJITA WG WRAP, PEPPERS & ONIONS

SIDES- TOSSED ROMAINE SALAD  
3 BEAN SALAD  
CARROTS

DAILY SPECIALS-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

TUESDAY 12/10

### BREAKFAST FOR LUNCH CHEESE OMELETTE, SAUSAGE & ENGLISH MUFFIN

SIDES-HASHBROWN

DAILY SPECIALS-

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

WEDNESDAY 12/11

### BBQ BONE IN CHICKEN THIGH

SIDES-PASTA SALAD  
CORNBREAD WITH HONEY  
COLESLAW

DAILY SPECIALS-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

THURSDAY 12/12

### KORENA BEEF WITH SAVORY RICE

SIDES-ROASTED BROCCOLI

DAILY SPECIALS-

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

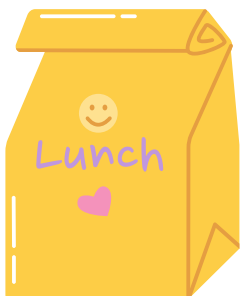
FRIDAY 12/13

**HOT ENTREE- ASSORTED WG PIZZA.**  
STUDENTS HAVE THE OPTION TO CHOOSE  
FROM PLAIN OR A TOPPING VARIETY  
SLICE.

SIDES-CAESAR SALAD,  
GREEN BEANS

DAILY SPECIALS-

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT
- 



**DAILY OFFERINGS:**

ASSORTED MILK VARIETY  
ASSORTED FRESH AND CANNED FRUIT  
SALAD BAR  
ASSORTED WG SANDWICHES  
ASSORTED WG WRAPS  
WG PB&J W/ CHEESE STICK  
SPECIALTY SALADS

**DAILY OFFERINGS:**

- ASSORTED MILK VARIETY
- ASSORTED FRESH AND CANNED FRUIT
- SALAD BAR
- ASSORTED WG SANDWICHES
- ASSORTED WG WRAPS
- WG PB&J W/ CHEESE STICK
- SPECIALTY SALADS

# Liberty HS School

## Weekly Meals



MONDAY 12/16

TUESDAY 12/17

WEDNESDAY 12/18

### CHICKEN PARM SANDWICH ON A WG BUN

SIDES CUCUMBER, TOMATO SALAD

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

### BAKED MACARONI & CHEESE WITH OR WITH OUT HAM

SIDES-PEAS & CARROTS

KALE SALAD WITH APPLE VINAIGRETTE

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

### CHEESE BURGER ON WG BUN SHREDDED LETTUCE, TOMATO & PICKLE

SIDES-BAKED BEANS & COLESLAW

*DAILY SPECIALS-*

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

THURSDAY 12/19

FRIDAY 12/20

### BONELESS BAKED MOJO PORK CHOP

SIDES-BLACK BEANS & SAVORY RICE CORN TORTILLA & PICO

PUDDING

*DAILY SPECIALS-*

- CHEESEBURGER
- VEGGIE BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT

### HOT ENTREES-ASSORTED WG PIZZAS. STUDENT CHOICE OF EITHER PLAIN OR A TOPPING VARIETY SLICE.

SIDES-TOSSED SALAD ASSORTED VEGGIE STICKS

*DAILY SPECIALS-*

- CHEESEBURGER
- BLACK BEAN BURGER
- CHICKEN PATTY
- PIZZA
- ASSORTED FRUIT YOGURT PARFAIT



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