LIBERTY LUNCH MENU-**MARCH 2025**

Monday 3/3 Hot Meal Option: WG Pasta with Meatballs Tomato Pesto Salad Garlic Green Beans

Tuesday 3/4 Hot Meal Option: Teriyaki Chicken Bowl Garlic and Ginger Rice Broccoli **Chow Mein Noodles**

Thursday 3/6

Beef Taco w/ Soft Shell Tortilla Lettuce, Tomatoes, and Cheese Mexicali Corn or Seasoned **Potatoes** Salsa and Sour Cream

Friday 3/7 Hot Meal Option: Assorted Pizza Choices with Caesar Salad, Roasted Zucchini and Squash and 3 Bean Salad

Daily Offerings: Choice of Chocolate or 1% Milk Assorted Fresh or Canned Fruit WG Peanut Butter and Jelly WG Assorted Sandwiches

WG Assorted Wraps and Specialty Salad Fruit and Yogurt Parfait w/ Granola

All Menus are subject to change

Wednesday 3/5 Hot Meal Option: Grilled Cheese on a Pretzel Bun wl or wlout Ham Watermelon Cucumber Salad w/ Feta Peas



Week of March 10-14

Monday 3/10 Hot Meal Option: Chicken Fajita with WG Tortilla Roasted Onions and Peppers Garlic Spanish Rice Corn

Tuesday 3/11

Hot Meal Option: Beef and Gravy Baked Sweet Potato with Sour Cream Steamed Broccoli Dinner Roll

Thursday 3/13

Hot Meal Option: Assorted Pizzas of Choice Caesar Salad Green Beans

Friday 3/14

No Students/ Conference Day

All Menus are subject to change

Daily Offerings: Choice of Chocolate or 1% Milk Assorted Fresh or Canned Fruit WG Peanut Butter and Jelly WG Assorted Sandwiches and Specialty Salads Fruit and Yogurt Parfait w/ Granola



Week of March 17-21

Monday 3/17

Hot Meal Option: Popcorn Chicken Bowl Mashed Potatoes with Gravy Corn and Corned Bread



Tuesday 3/18

Hot Meal Option: Homemade Macaroni and Cheese with or without Ham Peas and Carrots **Tossed Romaine Salad**

Thursday 3/20

Hot Meal Option: WG Pork Fried Rice with Egg and Vegetables Green Beans **Chow Mein Noodles**

Friday 3/21

Hot Meal Option: Assorted Pizza Choices Tossed Salad Vegetable Sticks

Daily Offerings: Choice of Chocolate or 1% Milk Assorted Fresh or Canned Fruit WG Peanut Butter and Jelly WG Assorted Sandwiches and Specialty Salad Fruit and Yogurt Parfait w/ Granola

All Menus are subject to change

Wednesday 3/19

Hot Meal Option: Greek Chicken with Pita Dill Tomato and Cucumber Sala Italian Potato Salad w. Fresh Green Beans and Cherry *Tomatoes* Tzatziki



Week of March 24-28

Monday 3/24

Hot Meal Option: Meatball Hero Pasta Salad **Roasted Vegetables**

Tuesday 3/25

Hot Meal Option: Chicken Tenders Red Cabbage Slaw with an Apple Vinaigrette

Thursday 3/27

Hot Meal Option: Maple French Toast Bake **Baked Ham** Hash brown Patties

Friday 3/28

Hot Meal Option: Assorted Pizza Choices **Roasted Chick Peas Tossed Salad**

Daily Offerings: Choice of Chocolate or 1% Milk Assorted Fresh or Canned Fruit WG Peanut Butter and Jelly WG Assorted Sandwiches and Specialty Salads Fruit and Yogurt Parfait w/ Granola

All Menus are subject to change

Wednesday 3/26

Hot Meal Option: Salisbury Steak with Fresh Mushroom Gravy Savory Rice Honey Glazed Carrots **Breadsticks**

Week of March 31st-April 4th

MONDAY 3/31

<u>Hot Meal Option:</u> Pork Carnitas W/ Soft WG Tortilla Fresh Pico De Gallo and Guacamole Tossed Romaine Salad

THURSDAY 4/3

<u>Hot Meal Option:</u> Roasted Turkey and Gravy Baked Sweet Potato Garlic Green Beans and Corned Bread

FRIDAY 4/4

<u>Hot Meal Option:</u> Assorted Pizza Choices Caesar Salad Roasted Zucchini and Squash 3 Bean Salad DAILY OFFERINGS: CHOICE OF CHOCOLATE OR 1% MILK ASSORTED FRESH OR CANNED FRUIT WG PEANUT BUTTER AND JELLY WG ASSORTED SANDWICHES AND SPECIALTY SALADS FRUIT AND YOGURT PARFAIT W/ GRANOLA

All Menus are subject to change

TUESDAY 4/1

Fore

Hot Meal Option: Stuffed Shells with Marinara Sauce Caesar Salad with Croutons Baby Carrots APRIL

WEDNESDAY 4/2

<u>Hot Meal Option:</u> Grilled Cheese with Tomato Soup With or without Ham Goldfish Crackers Fresh Broccoli and Ranch

